

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Coachinfo: Warming up from: 07:30 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Nauwelaerts Edith HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 09:00
Heat: 1/2 Lane : 5 Athlete: MEUNIER ELISE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 09:03
Heat: 2/2 Lane : 1 Athlete: MEUNIER EMILE					Q-time: 02:02:99
PB (25m pool): 02:02.99 Herentals 17/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.20		02:02.99	
	00:59.20 01:03.79				
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 09:03
Heat: 2/2 Lane : 3 Athlete: ROTTIERS VAN DER BORGHT VINCE					Q-time: 01:50:67
PB (25m pool): 01:50.67 Nijlen 16/11/2025 PB (50m pool): no time SB: 01:50.67 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.98		01:50.67	
	00:50.98 00:59.69				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 1: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 09:03
Heat: 2/2 Lane : 5 Athlete: PANKEN MATS					Q-time: 02:02:38
PB (25m pool): 02:02.38 Nijlen 16/11/2025					PB (50m pool): no time SB: 02:02.38 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.43		02:02.38	
	00:56.43		01:05.95		
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 09:06
Heat: 1/6 Lane : 2 Athlete: ROZIERIS LILY					Q-time: 99:99:99
PB (25m pool): 01:46.11 LEUVEN - Sportoase 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.41		01:46.11	
	00:48.41		00:57.70		
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 09:06
Heat: 1/6 Lane : 4 Athlete: VAN DE WOUWER MYRTHE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 09:08
Heat: 2/6 Lane : 5 Athlete: JANSSENS ROMY					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 2: 100M BUTTERFLY WOMEN 11+				Heat:3, starttime: 09:11	
Heat: 3/6 Lane : 1 Athlete: VERSLEGERS ROXAN				Q-time: 01:39:92	
PB (25m pool): 01:39.92 Nijlen 16/11/2025				PB (50m pool): 01:50.07 SB: 01:39.92 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.35		01:39.92	
	00:44.35		00:55.57		
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+				Heat:3, starttime: 09:11	
Heat: 3/6 Lane : 4 Athlete: VAES CHARLOTTE				Q-time: 01:33:33	
PB (25m pool): 01:33.33 Herentals 17/05/2025				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.82		01:33.33	
	00:41.82		00:51.51		
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+				Heat:4, starttime: 09:13	
Heat: 4/6 Lane : 4 Athlete: FAES ELYNE				Q-time: 01:20:27	
PB (25m pool): 01:20.27 Heist Op Den Berg 11/01/2025				PB (50m pool): 01:24.71 SB: 01:21.46 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.70		01:20.27	
	00:36.70		00:43.57		
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+				Heat:4, starttime: 09:13	
Heat: 4/6 Lane : 5 Athlete: VAN RILLAER YINTHE				Q-time: 01:23:15	
PB (25m pool): 01:23.15 Herentals 17/05/2025				PB (50m pool): 01:27.37 SB: 01:28.49 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.79		01:23.15	
	00:37.79		00:45.36		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:6, starttime: 09:17
Heat: 6/6 Lane : 3 Athlete: ROMBOUT LISA					Q-time: 01:04:00
PB (25m pool): 01:03.32 Stedelijk Zwembad Geel 17/02/2019 PB (50m pool): 01:03.97 SB: 01:04.00 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.32	
	no time				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 09:21
Heat: 2/6 Lane : 3 Athlete: SEYMUS AXEL					Q-time: 01:20:51
PB (25m pool): 01:20.51 Antwerpen 12/10/2025 PB (50m pool): 01:20.07 SB: 01:20.51 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.68		01:20.51	
	00:37.68		00:42.83		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 09:25
Heat: 4/6 Lane : 3 Athlete: ARIJS KYAN					Q-time: 01:10:72
PB (25m pool): 01:10.72 Heist Op Den Berg 11/01/2025 PB (50m pool): 01:09.17 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.94		01:10.72	
	00:31.94		00:38.78		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 09:27
Heat: 5/6 Lane : 4 Athlete: BROWN QUINTEN					Q-time: 01:06:14
PB (25m pool): 01:06.14 LEUVEN 23/11/2025 PB (50m pool): 01:09.37 SB: 01:06.14 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.37		01:06.14	
	00:30.37		00:35.77		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:6, starttime: 09:29
Heat: 6/6 Lane : 4 Athlete: DE CUYPER LENS					Q-time: 01:04:06
PB (25m pool): 01:04.06 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: 01:06.24 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.11		01:04.06	
	00:30.11		00:33.95		
					

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 09:31	
Heat: 1/5 Lane : 3 Athlete: LAMBRECHTS Fé							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 09:36	
Heat: 2/5 Lane : 4 Athlete: GORIS ARWEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 09:36	
Heat: 2/5 Lane : 6 Athlete: VANDERWEYDEN LAURE							Q-time: 99:99:99	
PB (25m pool): 03:05.13 LEUVEN 21/12/2025							PB (50m pool): no time SB: 03:05.13 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.75		01:27.02		02:16.61		03:05.13
	00:39.75		00:47.27		00:49.59		00:48.52	
								

Coach feedback:

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Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 09:46	
Heat: 4/5 Lane : 1 Athlete: VERSLEGERS ROXAN							Q-time: 03:32:33	
PB (25m pool): 03:28.56 LEUVEN 21/12/2025				PB (50m pool): no time SB: 03:28.56 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.32		01:38.14		02:33.33		03:28.56
	00:45.32		00:52.82		00:55.19		00:55.23	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 09:54	
Heat: 1/3 Lane : 3 Athlete: PANKEN LEX							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 09:54	
Heat: 1/3 Lane : 4 Athlete: VERBEEK MATTS							Q-time: 99:99:99	
PB (25m pool): 03:26.45 Aartselaar 01/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.16		01:41.04		no time		03:26.45
	00:47.16		00:53.88					
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 09:58	
Heat: 2/3 Lane : 4 Athlete: PIETERS KOBE							Q-time: 03:22:12	
PB (25m pool): 03:22.12 Aarschot 04/05/2025				PB (50m pool): 03:32.84 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.52		01:40.08		no time		03:22.12
	00:47.52		00:52.56					
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:01	
Heat: 3/3 Lane : 1 Athlete: SEYMUS AXEL							Q-time: 03:04:38	
PB (25m pool): 03:04.38 LEUVEN 23/11/2025				PB (50m pool): 03:12.35 SB: 03:04.38 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.19		01:27.24		02:15.62		03:04.38
	00:40.19		00:47.05		00:48.38		00:48.76	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:01	
Heat: 3/3 Lane : 6 Athlete: GORIS FINN							Q-time: 03:04:49	
PB (25m pool): 03:04.49 Heist Op Den Berg 11/01/2025				PB (50m pool): 03:05.18 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.63		01:30.85		no time		03:04.49
	00:42.63		00:48.22					
								

Coach feedback:

Event number: 6: 100M BACKSTROKE MIXED 10-9							Heat:1, starttime: 10:06	
Heat: 1/1 Lane : 2 Athlete: MEUNIER EMILE							Q-time: 01:43:41	
PB (25m pool): 01:43.41 Aartselaar 01/11/2025				PB (50m pool): no time SB: 01:43.41 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:46.41		01:43.41				
	00:46.41		00:57.00					
								

Coach feedback:

Event number: 6: 100M BACKSTROKE MIXED 10-9							Heat:1, starttime: 10:06	
Heat: 1/1 Lane : 5 Athlete: CEELEN BRECHT							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 10:23
Heat: 1/8 Lane : 3 Athlete: LAMBRECHTS Fé					Q-time: 02:00:34
PB (25m pool): 02:00.34 Heist Op Den Berg 11/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.81		02:00.34	
	00:56.81		01:03.53		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 10:23
Heat: 1/8 Lane : 5 Athlete: WELSLAU INES					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 10:26
Heat: 2/8 Lane : 2 Athlete: VAN ROMPAEY LORE					Q-time: 01:45:03
PB (25m pool): 01:45.03 Gemeentelijk sportcentrum Nijl 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.49		01:45.03	
	00:51.49		00:53.54		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 10:32
Heat: 5/8 Lane : 1 Athlete: NEUVILLE AXELLE					Q-time: 01:26:61
PB (25m pool): 01:26.61 Temse 17/11/2025					PB (50m pool): 01:41.42 SB: 01:26.61 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.98		01:26.61	
	00:42.98		00:43.63		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:5, starttime: 10:32	
Heat: 5/8 Lane : 3 Athlete: CORTHOUT MIRTE				Q-time: 01:21:50	
PB (25m pool): 01:20.28 Mol 15/10/2023				PB (50m pool): 01:27.58 SB: 01:21.50 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.28	
	no time				
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:5, starttime: 10:32	
Heat: 5/8 Lane : 4 Athlete: DE LAET ELINE				Q-time: 01:22:62	
PB (25m pool): 01:22.62 Herentals 17/05/2025				PB (50m pool): 01:28.14 SB: 01:23.84 Antwerpen 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.65		01:22.62	
	00:39.65			00:42.97	
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:5, starttime: 10:32	
Heat: 5/8 Lane : 6 Athlete: NEUVILLE ALIZÉE				Q-time: 01:26:96	
PB (25m pool): 01:26.96 Aartselaar 01/11/2025				PB (50m pool): 01:33.08 SB: 01:26.96 Aartselaar 01/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.79		01:26.96	
	00:41.79			00:45.17	
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:6, starttime: 10:34	
Heat: 6/8 Lane : 4 Athlete: FAES ELYNE				Q-time: 01:20:13	
PB (25m pool): 01:20.13 Herentals 17/05/2025				PB (50m pool): 01:31.71 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.13		01:20.13	
	00:39.13			00:41.00	
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:7, starttime: 10:36	
Heat: 7/8 Lane : 5 Athlete: VAN RILLAER YINTHE				Q-time: 01:16:86	
PB (25m pool): 01:16.86 Heist Op Den Berg 11/01/2025				PB (50m pool): 01:21.29 SB: 01:22.31 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.61		01:16.86	
	00:37.61		00:39.25		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+				Heat:1, starttime: 10:40	
Heat: 1/5 Lane : 4 Athlete: GYSELS RUBEN				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+				Heat:4, starttime: 10:47	
Heat: 4/5 Lane : 4 Athlete: BROWN QUINTEN				Q-time: 01:15:10	
PB (25m pool): no time				PB (50m pool): 01:15.10 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+				Heat:4, starttime: 10:47	
Heat: 4/5 Lane : 6 Athlete: VERBEEK MATTS				Q-time: 01:19:48	
PB (25m pool): 01:19.48 Nijlen 16/11/2025				PB (50m pool): 01:22.84 SB: 01:19.48 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.87		01:19.48	
	00:38.87		00:40.61		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 10:51
Heat: 1/5 Lane : 2 Athlete: CORTHOUT MIRTE					Q-time: 99:99:99
PB (25m pool): 01:35.60 Aarschot 24/04/2022					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:35.60	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 10:51
Heat: 1/5 Lane : 3 Athlete: VAN DE WOUWER MYRTHE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 10:51
Heat: 1/5 Lane : 4 Athlete: PIETERS JANA					Q-time: 99:99:99
PB (25m pool): 01:08.99 Stedelijk Zwembad Geel 17/02/2019					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.99	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 10:51
Heat: 1/5 Lane : 5 Athlete: JANSSENS ROMY					Q-time: 99:99:99
PB (25m pool): 01:35.43 Nijlen 17/11/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:35.43	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 10:53
Heat: 2/5 Lane : 1 Athlete: GORIS ARWEN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 10:53
Heat: 2/5 Lane : 3 Athlete: VAN ROMPAEY LORE					Q-time: 01:36:81
PB (25m pool): 01:36.81 Aarschot 04/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.81	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 10:55
Heat: 3/5 Lane : 4 Athlete: VAES CHARLOTTE					Q-time: 01:30:32
PB (25m pool): 01:30.32 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.36		01:30.32	
	00:41.36		00:48.96		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 10:55
Heat: 3/5 Lane : 5 Athlete: VERSLEGERS ROXAN					Q-time: 01:32:78
PB (25m pool): 01:32.78 Heist Op Den Berg 11/01/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:32.78	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 10:57
Heat: 4/5 Lane : 1 Athlete: DE BOCK MARIE					Q-time: 01:20:32
PB (25m pool): 01:20.32 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.30		01:20.32	
	00:37.30		00:43.02		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:1, starttime: 11:01
Heat: 1/4 Lane : 2 Athlete: GORIS FINN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:2, starttime: 11:04
Heat: 2/4 Lane : 6 Athlete: PANKEN LEX					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 11: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 11:10
Heat: 1/2 Lane : 2 Athlete: MEUNIER ELISE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 11: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 11:10
Heat: 1/2 Lane : 3 Athlete: CEELEN BRECHT					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 11: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 11:12
Heat: 2/2 Lane : 4 Athlete: PANKEN MATS					Q-time: 01:30:19
PB (25m pool): 01:30.19 Tremelo 25/05/2025					PB (50m pool): no time SB: 01:32.37 Aartselaar 01/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.66		01:30.19	
	00:43.66 00:46.53				
					

Coach feedback:

Event number: 11: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 11:12
Heat: 2/2 Lane : 6 Athlete: ROTTIERS VAN DER BORGH T VINCE					Q-time: 01:48:67
PB (25m pool): 01:48.67 Herentals 17/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.99		01:48.67	
	00:51.99 00:56.68				
					

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+						Heat:1, starttime: 11:15		
Heat: 1/6 Lane : 1 Athlete: ROMBOUT LISA						Q-time: 99:99:99		
PB (25m pool): no time						PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 11:15	
Heat: 1/6 Lane : 2 Athlete: WIJCKMANS LENE							Q-time: 99:99:99	
PB (25m pool): 04:57.36 LEUVEN - Sportoase 22/12/2024				PB (50m pool): 05:45.14 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.86		01:11.71		01:49.04		02:26.99
	00:33.86		00:37.85		00:37.33		00:37.95	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:05.48		03:44.01		04:21.89		04:57.36
	00:38.49		00:38.53		00:37.88		00:35.47	
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 11:15	
Heat: 1/6 Lane : 5 Athlete: VAN ESPEN LOTTE							Q-time: 99:99:99	
PB (25m pool): 05:03.92 Netepark Herentals 07/10/2023				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:03.92
								

Coach feedback:

Event number: 13: 400M FREESTYLE MEN 11+							Heat:1, starttime: 11:52	
Heat: 1/4 Lane : 4 Athlete: BATS YVAN							Q-time: 06:08:31	
PB (25m pool): 06:08.31 Tremelo 25/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:26.17		no time		03:02.27
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:08.31
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: HZA

Event number: 13: 400M FREESTYLE MEN 11+							Heat:4, starttime: 12:11	
Heat: 4/4 Lane : 3 Athlete: DE CUYPER LENS							Q-time: 04:19:71	
PB (25m pool): 04:19.71 Antwerpen 12/10/2025				PB (50m pool): 04:26.28SB: 04:19.71 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:28.97		01:01.80		01:35.00		02:08.56
	00:28.97		00:32.83		00:33.20		00:33.56	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:41.92		03:15.06		03:47.97		04:19.71
	00:33.36		00:33.14		00:32.91		00:31.74	
								

Coach feedback: